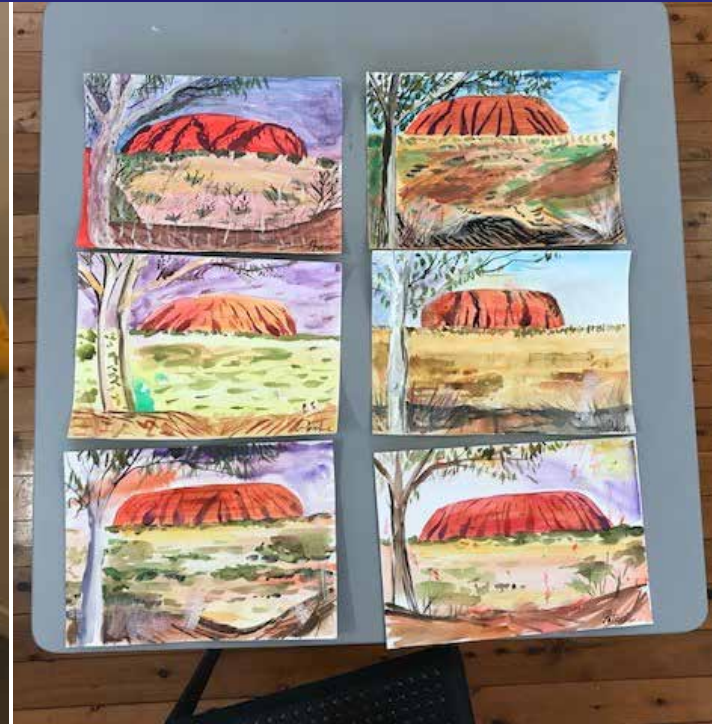


The Vasey Voice.



Oonagh, Helen, Sue and Olivia from Northcott Gardens proudly displaying their artworks.



Epping Manor Masterpieces.

Message from the CEO.

Welcome to the Spring edition of the Vasey Voice.

What an extraordinary year 2020 has been so far. I want to thank all residents for their patience and forbearance with staff and each other during this stressful season of COVID-19.

As I write, there are encouraging signs with new cases of COVID-19 peaking in Victoria and the prospect of a vaccine on the horizon. It gives us all some hope.

A special vote of thanks to all Vasey staff who have gone above and beyond during these recent months. I would also like to personally acknowledge the support of our Chairman and Board during this time.

Thank you for all those that participated in our annual management meetings which were forced to be via written ballot this year. All proposed resolutions were passed at each village. Our annual budget meetings are currently scheduled for December and hopefully we will be able to hold these meetings face to face.

Our christmas party is also planned for December. Again, we would dearly love to proceed but may need to modify arrangements. We will keep you updated as the time draws closer.

It is pleasing to see the creativity of our residents revealing itself during these times through the making of home sewn face masks. I have seen some very fashionable and creative designs. As well as many exhibiting generosity by giving them away to others.

Our annual residents survey will be conducted in September this year. We will again participate as part of the National Retirement Village Survey. We encourage all residents to participate in the survey as the feedback received is invaluable in helping us to continue to improve our services.

Again, thank you for your support and please keep safe.

Graham Hooper
CEO

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Kate Gunton – Chairman.

This year is presenting us all with many challenges and we hope you and your families are all safe and well. The Board thanks all our staff for their ongoing support and professionalism during this time and we will continue to keep you informed about the situation. I urge you all to heed the health advice being provided by the government and can assure you that Vasey has your health and wellbeing as its top priority.

Our Patron, Her Excellency, the Honorable Margaret Beazley AC QC, Governor of NSW recently reached out to Graham and myself to find out how Vasey Communities

are managing through the pandemic. Her Excellency was pleased to hear that we have had no positive COVID-19 cases within our villages and showed genuine concern for our communities.

At the end of July we held our Annual General Meeting for members and had to limit guests in order to achieve social distancing requirements. Members were interested to understand how the organisation is going and welcomed the news that we have had another successful year.

Development of the Kokoda Residences at Waitara has reached completion of the basement excavation with health and safety remaining a priority throughout. Together with the project team, the board will monitor and manage any further impacts to the project as the Coronavirus situation unfolds.

Although this is a tough time for the whole community, I urge you to please stay safe and look after each other.

Warm Regards,

Kate Gunton
Chairman

58th Annual General Meeting.

Vasey's 58th Annual General Meeting was held on 28 July 2020 at the Radisson Blu Hotel in Sydney. The current COVID-19 situation meant that the event was conducted a little differently this with year social distancing observed and no roaming the room, however it was still well attended by members both in person and via video link. A valuable evening was had and we thank all members for their ongoing support of Vasey throughout the year.



A note from Nancy.

Just a reminder that home care support through My Aged Care is still going ahead as usual. If you need help accessing any services or products to increase your safety at home please let me know.

There are also various personal alarms available, either monitored monthly or GPS units that work anywhere even when away from the unit. More information is available in the village folders in the common room and you can always contact me if you need more help.

Once again I am very grateful to residents across all villages for keeping an eye on each other and keeping me informed. Great community spirit!

Hope you like the following quote by Plato as much as I do:

“Kindness is more than deeds. It is an attitude, an expression, a look, a touch. It is anything that lifts another person”.

Nancy Stjepanovic
Residents Services Manager

Vanessa's View.

The last two months have been a bit of a rollercoaster. July 14th saw us excited to have three villages on our first bus outing since COVID-19 restrictions came into force and then eased a little. With the help of Stryder Transport we were kept safe and socially distanced for a lovely lunch trip to Cronulla. Unfortunately, the weather was not on our side, with wind and rain preventing us from enjoying a beach walk. Then, just as I was looking into planning another appealing outing, we have been sadly forced to place all outings on hold for the time being again.

Unfortunately, the planned Emergency Training and Drills in each village needed to be postponed due to the increase in COVID-19 infections. I will inform everyone via mailbox drops and through the village TV screens when these go ahead.

VILLAGE ACTIVITIES:

I am delighted that art classes continue to be a popular fortnightly pastime in two villages. There are plenty of budding artists out there! Fortnightly trivia has also taken off within all 4 villages, with residents

enjoying the brain exercise and the many laughs that evidently ensue.

Also remember that exercise classes are still happening in three villages each week. Regular physical activity helps improve mental and physical health, both of which will help maintain your independence.

For all activities see your village TV screen for upcoming dates.

If you'd like to take part in any activity, please feel free to join. With common room numbers restricted I just ask that you let me know prior.

Even though outings are suspended we can all still enjoy each other's company and plan in village activities. If you have any ideas, suggestions, something fun you think others would enjoy as well, please do let me know. I am often in village common rooms so please do pop in, have a chat with me, a tea or simply say hello.

Yours in fun!

Vanessa Cashin
Social Support Coordinator



Congratulations to Vasey Communities' Office Manager Aki Jain, who recently welcomed the safe arrival of her second daughter.

Baby Aria was born on 15 May at 6:44pm, weighing 3.1kg (6lbs 13 oz) and 53cm long.

Congratulations to Aki and family on behalf of the Vasey Communities team.

General George Vasey's first letter to Jessie.

Excerpt taken from 'General Vasey's War', written the morning after departure from Port Melbourne for Palestine on RMS Strathallan, Saturday 16 December 1939.

*My dearest,
I have sat with the pen in my hand for several minutes wondering how and when to commence - the upheaval of the last 24 hours has put me out of my stride, and my mind continually goes back to the picture of a brave girl and her two boys waving goodbye to me - God how terrible is this leaving all I love. Excuse me this outburst sweetheart - I don't want to worry and harrow you - I won't do much more of it; but I woke at 6 this morning as usual and have been miserable ever since. It is now only a few minutes after eight and I am still waiting for breakfast which, as usual, is not until 8.30. I have been walking round the deck and think I will continue it and come back later to tell of what has happened so far. The best news is we shall be in Adelaide this evening and I shall be able to speak to you...*

We made a very fast trip down the bay and dropped the pilot shortly after 3.30. It was then time for tea and not until after that did I unpack anything. Boat drill was at 5 p.m. after which I went down and had a talk with Morris.

He, obviously, intends to do nothing at all on the ship and is leaving it to [Lieutenant-Colonel E. O.] Milne his AQ, a milita man. Unsatisfactory except that I am telling Milne what to do. Had a conference with him and Ron and the Chief Officer, Staff Commander and Purser before dinner last night. All the troops remain as passengers until after Adelaide and as we leave there on Sunday we shall do nothing till Monday. Morris had some instructions; but I have not yet seen them. The more I see of this show the more concerned am I about how we will get on at our destination.

In addition to the bottle of whisky Doris [Jessie's sister] gave me she also included a quart of gin. Ron, Morris and I sampled it before dinner last night. The blackout business has spoiled the ship at night. Ron and I did walk outside for a while and found it difficult to get in again!... I used the 'housewife' yesterday to sew on the missing button from my old jacket. I wasn't too good at threading the needle! I've seen Abbott, my slave, but don't propose to use him until near our destination (still unknown) when he can pack and learn his way round. I understand we go direct to Bombay from Adelaide so it will be



Colonel George Alan Vasey being farewelled by Jessie and Major-General Sir Thomas Blamey on 15 December 1939.

some time before you hear again. If I can - or as soon as I can I shall cable. I wonder what Edgar [their gardener at Tiltargara] is doing today and hope it is a fine day so that you can busy yourself in that lovely garden of ours and of your making. The sweetpeas in the cabin are still lovely. What a lot I would like to ask you and how much I hope you will tell me of yourself, the boys, the horses, the dogs, the cats, in fact all connected with Tiltargara. What an appropriate name in view of recent events.

*Goodbye and God bless you
Sweetheart*

*Alan**

*Whilst Major General Vasey was christened George Alan, he preferred to be called Alan.

Let's get Crafty.

MASK- IT- UP!

With the increased use of face masks at the moment, we'd like to encourage a little fun.

There are lots of residents who have started making their own unique face masks. So, with that in mind we decided to see how creative our residents can be. We are encouraging you to get involved in a face mask making activity.

There are two options:

- 1 Make a mask if you have the facilities and ability to do so (see website below for a basic pattern)
- 2 Decorate a mask if you cannot make one yourself.

Let's get creative with this. Use funky fabric, play around with the design, decorate a face mask with jewels and crystals. You are only limited by your imagination!



Image: Stacy Fisher | thespruce.com

Take a photo wearing the mask and send it to Vanessa either through the admin box in your village or via email to socialsupport@vasey.com.au

I will make a collage of the photos and then display them on the village TV screens.

For a basic face mask pattern go to this website:

thespruce.com/how-to-sew-face-mask-4802114

Let's have some fun, be imaginative and get crafty!

Daniella's Dossier.

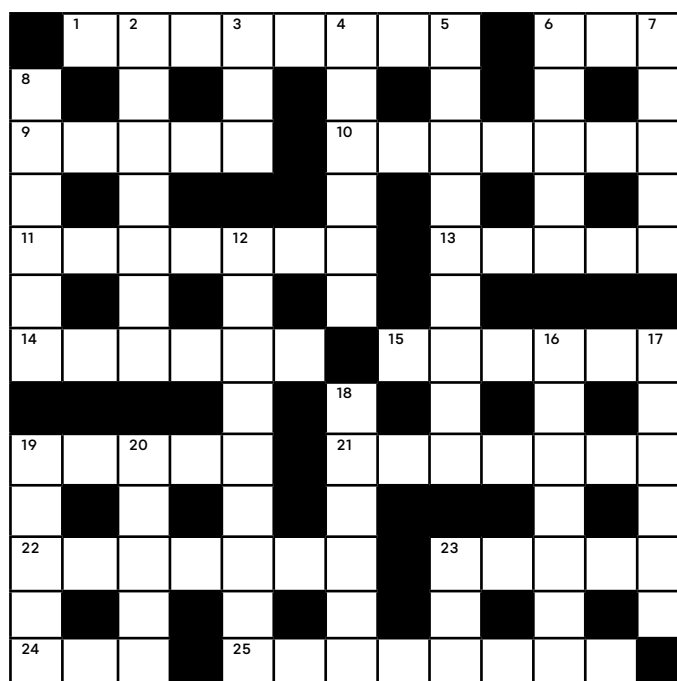
Vasey proudly announces that we have signed up to the Retirement Living Code of Conduct. The Retirement Living Code of Conduct aims to set and maintain high standards in the marketing, selling and operation of retirement communities including complaints and dispute management procedures for Vasey and our residents. We will undertake a self-assessment process, which needs to be renewed and reconfirmed yearly.

Being a signatory to the Code of Conduct shows our commitment to ensuring high standards and the best possible experiences for our residents. While it is not compulsory to be a signatory to the Code, we believe it is important we make this commitment. Our community will be listed as a Code signatory on a public register on www.awisemove.com.au.

If you have any questions please do not hesitate to contact me via email at quality@vasey.com.au.

Daniella Speis
Quality Assurance Manager

Puzzle Corner.



Down

- 2 Greek wine (7)
- 3 Fasten (3)
- 4 Rode a bike (6)
- 5 Scenic picture (9)
- 6 Digging tool (5)
- 7 Duffer (5)
- 8 Customer (6)
- 12 As a result (9)
- 16 Penitence (7)
- 17 English county (6)
- 18 Period before Christmas (6)
- 19 Heavenly bodies (5)
- 20 Brute (5)
- 23 Male child (3)

Across

- 1 Diplomatic etiquette (8)
- 6 Doleful (3)
- 9 Leave undisturbed (3,2)
- 10 Enclose (7)
- 11 Letter (7)
- 13 Root vegetable (5)
- 14 Dealer (6)
- 15 Abhorrence (6)
- 19 Dark brown fur (5)
- 21 Idealist, visionary (7)
- 22 Fashionable (1,2,4)
- 23 Twilled fabric (5)
- 24 Drunkard (3)
- 25 Stretched (8)

Email Vanessa for the solution at socialsupport@vasey.com.au

Vasey.

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