

The Vasey Voice.

Christmas Celebrations.



Christina Hobbes (Director), Kate Gunton (Director), Cheryl Bannister (Member), Graham Hooper (CEO) and Brigadier Garry Bannister (Member).



Pat enjoying the music.



The Vasey Team.



Ray, Trish and Bessie from Maroubra.



John Roberts Member and former Director, (recently turned 100).



Gerard dancing with the band.

A message from the CEO.

Welcome to the Summer edition of our newly christened newsletter, "The Vasey Voice". A very merry Christmas and a happy New Year to you all.

Thank you to all who attended our annual Christmas lunch at The Epping Club in November. It was a great occasion with good food, good music, much laughter and a full dance floor. I was even convinced to join in the dancing myself which is a very rare occurrence I can assure you!

We continue to trial new social activities with the first of our bus outings to Freshwater Beach proving a great success with more trips now being planned for the New Year. Kelsey's "Get On Line" computer courses were also well attended with some being able to use a computer tablet for the first time while being supported by our more experienced residents.

Another thank you goes out to all who participated in the National Residents Survey which covered over 80,000 village residents across Australia.

It provided us with invaluable feedback. It was pleasing to note that our current resident satisfaction rating was 8.6 out of 10 compared with the national average of 7.9. Vasey Villages rated 4.0 stars, again above the national average of 3.5 stars. This demonstrates that things are travelling reasonably well at present but there is still much work for us to do in the New Year.

External village painting has commenced at Lane Cove with other villages to follow in the coming year. Epping Manor will be the next in line with work planned to commence in late January.

As I approach the first anniversary of my time here at Vasey, I wish to say a sincere thank you to all residents for making me feel very welcome and to a great staff team for making my job easier. I look forward to us all enjoying a great 2019 together.

Thanks,
Graham

Contents.

Page 2

- Chairman
- Competition
- War Widows
- The Kokoda Residences Project

Page 3

- Resident Gallery
- A note from Nancy
- Kelsey's Corner
- Mummy Magie at Maroubra

Page 4

- Crossword Puzzle
- Christmas Celebrations
- Upcoming Resident Meetings

Chairman.

I would like to wish everyone a very Merry Christmas and I wish you all the best for 2019.

Vasey has had a very successful year and I believe that the Association is in very sound hands with our Chief Executive and the outstanding staff members that we now have. Thank you Graham (H), Shane, Bob, Nancy, Graham (W), Aki and Kelsey – you have all contributed extremely well to running a smooth operation and promoting a harmonious atmosphere within the villages.

As mentioned in the last newsletter, Vasey is doing more now in providing social activity and support to residents in the form of assistance to facilitate bringing home care into units for those who are entitled to support, arranging village based day activities and organising external day trips. These are designed to promote active living and well-being for our residents and while this is a new program it will grow as more residents see the advantage of participating.

Village modernisation proceeds on two fronts: the Waitara Project known as Kokoda Residences, which is our new 12 story, 117 unit development, and the continuous upgrade of individual units as residents depart. A higher standard of renovation is now being provided which will prolong the overall life of each village and provides a standard of accommodation that future residents will be comfortable with.

Each initiative is progressing well and the Board is satisfied that the Association will continue to meet its set mission and objectives, and grow.

Enjoy the festive season ahead of us – stay healthy and safe.

Competition.

We had a great response to the “Name our Newsletter Competition” and as you can see we had a winner, two winners in fact and they were, Frances Kelly from Hunters Hill and Anne Pauli from Lane Cove. The two lucky winners were given their prizes and we hope you enjoy!

This issue's competition will be:

Who am I?

Try to figure out who this Aussie historical figure is from these clues. The winner will be chosen at random from all the correct answers. As always please call the office or email your answers to Kelsey at support@vasey.com.au

Good luck!

Who
am I?

*My name is on a mountain in
Tasmania and a suburb in Canberra.*

*My face has been on stamps
and currency.*

My hut is a National Heritage site.

Keep warm!



WAR WIDOWS' GUILD OF AUSTRALIA NSW LTD

Established for women, by women, the War Widows' Guild of Australia NSW provides understanding, contact and friendship between war widows as well as a range of benefits and services to its members.

The Guild offers a wide range of services to its members including advocacy, support and advice, Guild and Social Clubs, a Friendship Line, transport, the Guild Digest, iPad training, events and an annual print and online Ready Reference Guide.

This year has been an exciting year, with a number of high-profile events taking place:

The Guild was the lead organisation for the inaugural Honouring Women United by Defence Service Last Post Ceremony and Dinner held in Canberra. As a result of the success of this, the Guild is looking forward to co-hosting the 2019 dinner.



As a 2018 Invictus Games partner, a number of our members walked in the Opening Ceremony and we co-hosted a breakfast for widows and families affected by service.

The Guild is working to better embrace the needs of contemporary widows and their families as well as transitioning to a more inclusive organisation by broadening membership criteria. The board and team are working hard to strengthen the Guild's capability in advocating for war widows.

War Widows' Guild of Australia NSW

1800 451 615 | 9267 6577

guild@warwidowsnsw.com.au

The Kokoda Residences Project.

Despite the torrential rain, Kokoda Residences had its first information session at the Magpies Waitara on the 28th of November with Guest Speaker and Sydney Morning Herald columnist Rachel Lane.

The guests learnt the in's and out's of 'right sizing' and Graham Hooper gave a sneak peak of what's in the pipelines for Kokoda Residences.

Opening in early 2019, the new Kokoda Residences Sales Suite will bring more of what's to come; beautiful community facilities, spaces, interior finishes, virtual tours and so much more.

Stay up to date with the development at www.kokodaresidences.com.au



Resident Gallery.



Lane Cove day out to Freshwater Beach.



Phyllis and Patricia.



Pat Geohagan, Pat Scott and Kelsey waiting for the bus to Freshwater Beach.



Phyllis with a local dog the size of a horse!



Andrew, Lesley, Nancy, Nancy and Claire at Freshwater Harbord Diggers.

A note from Nancy.

The end of the year is approaching fast and it was nice to see such a great turn out for the Christmas party. It has been a very exciting year with activities in the village common rooms, bus trips with Kelsey to Freshwater, presentations on Safety Link personal alarms and home safety. There is a great community spirit across all villages with residents supporting each other and enjoying life.

Home care support is another way to help maintain your independence and enjoy life. Several residents have requested assistance with house cleaning, either as a one off or ongoing service. Graham Welch and I are currently negotiating private house cleaning as subsidised services can

be accessed only through home care packages. We can also assist with installations of personal alarms, aids and equipment and home modifications to increase your independence.

If you would like to know more about home care packages or any other supports available I am happy to meet with you to discuss your needs.

Thank you all and let's welcome another exciting year at Vasey Communities as 2019 draws closer.

Best wishes,

Nancy Stjepanovic
Residents Services Manager

Kelsey's Corner.

Since the last issue I have been hard at work trying to organise exercise classes, trivia afternoons, historical talks and days out for the villages. Some have been a great success and others unfortunately haven't been as well received but I am going to continue to find things you are interested in. Now that we're coming into the lovely summer warm weather I will be encouraging you to get outside and stay active. Whether we go for a short walk or simply sit in the garden and have a cup of tea together. We had our first Vasey outings to Freshwater Beach and Harbord Diggers with all villages. On some trips we went for a walk on Dee Why beach and had ice cream. Great laughs were had and some memories made. In the New Year there will be an outing a month per village which hopefully you all will get involved in. Vasey has started to introduce its computer programme to our residents which will fully kick off in the New Year. There are some exciting times ahead for Vasey and we can't wait to share them with you all.

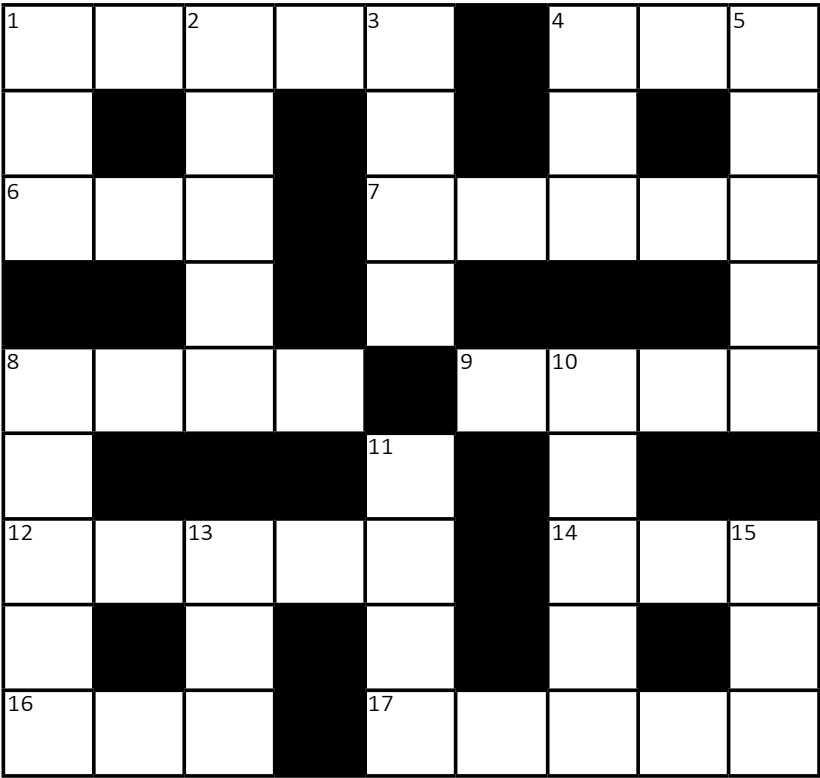
Kelsey Foy
Social Support Coordinator

Mummy Magpie at Maroubra.



In Maroubra every year there are a couple of magpies that choose to make one of our large palm trees their home while they raise their little babies. The residents love to watch the babies grow and are sad to see them leave when they are old enough. Here is a photo of one of our residents, Bessie with the mummy magpie showing just how comfortable with our residents these birds are.

Crossword Puzzle.



Across

- 1. Portion of a pound (5)
- 4. Food tin (3)
- 6. Born as (3)
- 7. Red breasted bird (5)
- 8. A hunted animal (4)
- 9. Electronics Company (4)
- 12. Past of spend (5)
- 14. Annoy (3)
- 16. Humped wild ox of Asia (3)
- 17. Place to rent a room (5)

Down

- 1. Rightfully possess (3)
- 2. Sibling's daughter (5)
- 3. Makes mistakes (4)
- 4. Corn on the __ (3)
- 5. In-house caregiver (5)
- 8. Kitty cat (5)
- 10. Circular track of the moon (5)
- 11. Something that needs scratching (4)
- 13. Large deer (3)
- 15. Young girl (3)

Upcoming Resident Meetings.

Vasey residents and their relatives are encouraged to attend regular resident meetings to discuss items relating to those living in the villages. Participating in these meetings will give you the opportunity to provide feedback on the care and services we provide and have your say on various aspects of management of your facility to enhance your quality of life.

So please join us for a chat over cuppa on the following dates.

Epping.

- 6th February 2019
- 10th April 2019
- 12th June 2019

Maroubra.

- 6th February 2019
- 10th April 2019
- 12th June 2019

Lane Cove.

- 13th February 2019
- 17th April 2019
- 19th June 2019

Hunters Hill.

- 13th February 2019
- 17th April 2019
- 19th June 2019

Christmas Celebrations.



Maxine, Olivia, James, Dot and Richard from Lane Cove.



Maureen and Alan dancing.

Vasey.

Suite 10G, Level 10
Rhodes Waterside Shopping Centre
1 Rider Boulevard, Rhodes NSW 2138

P 02 9299 3951
E info@vasey.com.au

vasey.com.au

Crossword Answers.

Across:
1.ounce, 4.can, 6.nee, 7.robin, 8.prey, 9.Sony, 12.spent, 14.bug, 16.yak, 17.hotel
Down:
1.down, 2.niece, 3.ers, 4.cob, 5.nanny, 8.pussy, 10.orbit, 11.itch, 13.ell, 15.gal